



the Caring and Sharing Exchange

People helping people since 1915



ANNUAL REPORT
2013-2014





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People helping people since 1915

OUR MISSION

To provide our neighbours with relief and dignity during difficult times of the year in the most fair and efficient way possible.

OUR VISION

A caring and sharing community where individuals and families receive the coordinated support they need at Christmas and other times of the year.

OUR PROGRAMS

Christmas Exchange Program
Co-ordination Service

Sharing in Student Success Program
Kindness Week

IN HIS FINAL YEAR: THE PRESIDENT'S FAREWELL



Board President Don Curtis at the 2012 Christmas Cheer Golf Tournament.

The Caring and Sharing Exchange (C&SE) has undergone a complete transformation during the three years I have spent as President. While the Christmas Exchange program is still by far our largest, the addition of the Sharing in Student Success (SISS) program allowed us to broaden our reach within the community in order to provide assistance during another difficult time of the year. While the first two years of the program saw some children still left on our waiting list, we are proud to say the SISS program is now a strong part of the organization. In 2013 we were able to help all of the children on our list for the first time, and are well on our way to doing so again this fall.

With the addition of this SISS program came the change in our name, from the Christmas Exchange to the umbrella name the Caring and Sharing Exchange. This opened the door for the possibility of adding other programs along with SISS should the appropriate opportunity present itself, and indeed one such opportunity did arise over the last two years. In 2012 we were approached by Rabbi Reuven Bulka, Chair of Kind Ottawa. He asked us to become the new home of Kind Ottawa and the Kindness Week initiative, which we determined complemented our current programs nicely and we were happy to add it into the mix under the C&SE umbrella. In February 2013 we hosted our first Kindness Week, and now looking back on the success of that and our second Kindness Week in February 2014, we are certain that taking on this

initiative was a great move for improved profile and community awareness of our organization and for those we serve.

Like most non-profits, there have been many highs and lows for C&SE during these last three years, however this fiscal year was certainly a positive note to end my term with. Not only did we help all of the children who needed us during the back to school season, we also managed to help 60% more individuals at Christmas than we did in 2012. I can only hope that the 2014-2015 fiscal year brings with it even greater success as the Christmas Exchange program celebrates its 100th year of service in 2015.

None of this organizational success could have been possible without the extraordinary on-going support of our donors, sponsors, Corporate Partners, Agency Partners, and our Campaign Cabinet led by Alfred Jay, President and CEO of Ramius Corporation. The C&SE was fortunate to receive both significant cash donations as well as new levels of "in-kind" donations, for item such a backpacks and schools supplies, for example. This is a

BOARD OF DIRECTORS 2013-2014

EXECUTIVE COMMITTEE

Don Curtis, President
Thom Bourne, 1st Vice President
Melissa Rusk, 2nd Vice President (to March 2014)
Tim Wong, Treasurer
Paul Lalonde, Secretary
Cindy Smith, Executive Director (ex-officio)

BOARD DIRECTORS

Maryam Awan
Wayne Crutchlow
Gillian Depew
William Johnson (to March 2014)
Erin Johnstone
Jose Lazo
Andrea Lee
Brent Percival
Patricia Tessier
Howard C. Williamson

UP FOR ELECTION

Derek Dedman
Stephan May
Osman Naqvi
Alexander Rink
Cara Salci

2013-2014

growing dimension of our overall ability to meet ever increasing community needs.

Among many highlights over the last three to four years, I believe the single most important accomplishment during my tenure was the hiring of our new Executive Director, Cindy Smith. Now into her third year as the ED, Cindy has proven to be an excellent hire, bringing a breath of fresh air to the organization and its goals. She not only exudes exceptional energy and offers a friendly, outgoing personality, but also has a deep commitment, significant experience and knowhow, and a burning desire to achieve results. Her leadership is evident and the organization is in good hands.

I would also like to use this occasion to sincerely thank the rest of the wonderful staff at C&SE, namely Heather Fraser, Director of Resource Development; Sui-Ling Leung, Director of Development and Volunteers; Oludayo Sola-Akinsola, Database Supervisor; and our newest employee, Megan O'Meara, as Communications Coordinator.

Finally, I wish to underscore the excellent support and guidance that comes from our outstanding Board of Directors. I have had the pleasure to work with many talented and dedicated volunteer Directors over my 4 years and each of them brought a visible passion and strength of ideas to this important organization and its mission work. In addition to myself, we will be saying goodbye to four Board Directors at this AGM, namely our 1st Vice President Thom Bourne, our 2nd Vice President Melissa Rusk, William Johnson, and Patricia Tessier. These four individuals have been wonderful assets to the organization. Their many contributions have been highly valued and greatly appreciated. They will be missed.

Of course, with goodbyes, come vacancies carrying opportunities for others to step in. Thanks to our Nominations Committee Chairperson, Maryam Awan, I am pleased to bring forward the names of Derek Dedman, Stephan May, Osman Naqvi, Alexander Rink, and Cara Salci, who have been nominated to join the Board of Directors. Also the Executive Committee of the Board will now change as follows: Wayne Crutchlow, President; Howard Williamson, Vice President; Tim Wong, Treasurer, Paul Lalonde, Secretary, and Maryam Awan. I wish everyone the very best in taking on these new Board responsibilities.

It has been a very rewarding experience for me to have served on the C&SE Board of Directors for these past four years, and a great honour and privilege to have been entrusted to be its President. With a dedicated team and a strong Board of Directors in place I am confident that the C&SE will continue to succeed in the ongoing work towards fulfillment of the mission of the C&SE and the vision of a caring and sharing community where individuals and families receive the coordinated support they need at Christmas and other times of the year. Thank you.

DON CURTIS
PRESIDENT, BOARD OF DIRECTORS



Board President Don Curtis (right) shaking hands with Mayor Jim Watson after unveiling the new name of the organization at City Hall in September 2011.

THE STAFF OF THE CARING AND SHARING EXCHANGE: 2013-2014

Cindy Smith, Executive Director

Megan O'Meara, Communications Coordinator

Sui-Ling Leung, Director of Development and Volunteers

Gerry Henri, Finance

Heather Fraser, Director of Resource Development

Merv Shirley, Payables/Receivables

Oludayo Sola-Akinsola, Database Supervisor

EXECUTIVE DIRECTOR'S REPORT

Overall this was a great year for the Caring and Sharing Exchange team, and we are thrilled to report on a number of successes in 2013.

For the first time since the adoption of the Sharing in Student Success Program, we were able to provide all of the children who were referred to the program with the essentials they needed to succeed in the classroom! Each child on the list was provided with a backpack stuffed with all the grade-appropriate supplies they require (as outlined through the Boards of Education).

Also, through our Christmas Exchange Program, we were able to provide assistance to 60% more individuals in need than in 2012!

In recognition of the fact that many individuals and businesses alike prefer to give back to the community in a more tangible way, we developed two new initiatives as a part of our Christmas Exchange Program. Firstly, the Sponsor-a-Hamper Program allows individuals, families, groups and businesses to go shopping, put together a hamper and deliver it directly to a person or family in need. Secondly, through our work with the Campaign Cabinet, we developed the "Corporate Hamper Packing Day", where local businesses who donate at a variety of levels come together to pack and deliver hampers to those in need. This initiative provides the opportunity for networking and teambuilding while making a significant difference in the lives of those in need in our community.

Our second year as home to Kindness Week in Ottawa proved to be a huge success. The theme was focused on recognizing the kindness of Ottawa educators. We spent the week running from school to school with the very kind Rabbi Bulka barging into staff meetings, assemblies and even classrooms all in the name of kindness in order to surprise the city's kindest teachers with awards! Many other activities were held all across Ottawa including: a launch event in Accora Village, a Multi-faith Airport Welcoming Committee, the Kindness Street team giving out free skate/swim passes, a Kindness Week Blood Donor Clinic and much more.



Executive Director Cindy Smith (left) with Rabbi Reuven Bulka and CTV's Carol Anne Meehan at the 2013 Christmas Cheer Broadcast.



Executive Director Cindy Smith (right) with Gay Cook and Mayor Jim Watson at the 13th Annual Ottawa's Biggest Bake Sale, held at Billings Bridge Shopping Centre. (October 2013)

I want to thank the Caring and Sharing Exchange donors, our partner agencies, the staff team and the incredible 331 volunteers that help us to help those in need. We could not do it without you!

I also want to thank our dedicated Board of Directors and our passionate Campaign Cabinet.

In closing, I'd like to say a special thank you to our outgoing Board President, Don Curtis. Don has put a significant amount of energy, heart and soul in the Caring and Sharing Exchange over the past several years. On a personal note, Don has been a leader, a mentor, a sounding-board and a pleasure to have worked with. I know that although Don will have more time to perfect his golf game, the Caring and Sharing Exchange will remain in his heart.

CINDY SMITH
EXECUTIVE DIRECTOR

KINDNESS IN THE CAPITAL

The Caring and Sharing Exchange was thrilled to once again host Kindness Week in Ottawa! After five years under United Way Ottawa, the C&SE became the new home of Kind Ottawa and the Kindness Week initiative last year. In 2013, we chose to recognize emergency personnel in the community. This year, we decided to put the focus on educators.

Rabbi Reuven Bulka, Chair of Kind Ottawa, was thrilled about this year's choice of theme as he reflected on the impact a teacher can have: "Often times you hear someone talking about a teacher who had a big impact on their lives at a young age and helped inspire them to become the person they are today," said Rabbi Bulka. "It is important to recognize teachers for all that they do."

Each school was invited to submit the names of their kindest teachers so that the Kindness Committee could recognize them throughout the week. After kicking off the week with an exciting launch event in Accora Village, Rabbi Bulka along with our Executive Director Cindy Smith visited schools across the city to surprise some of Ottawa's teachers with 'Kindness Awards.'

"It was so wonderful visiting the school to deliver the awards in front of their principal and colleagues," said Cindy Smith. "We truly feel that teachers deserve to be recognized not only for being kind-hearted themselves, but also for teaching our children to choose to be kind as well!"

While some teachers may stand out from the crowd, it was important for the C&SE to include all of the teachers in Ottawa in some way, since each of them has such an enormous impact on the children in our community. In order to do so, the directors of education for Ottawa's four main school boards were invited to attend the launch event to accept Kindness Awards on behalf of their respective boards. Children in the community were encouraged to make thank you cards for their teachers as well.

2014 KINDNESS WEEK STEERING COMMITTEE

CHAIR OF KIND OTTAWA

Dr. Rabbi Reuven Bulka

Congregation Machzikei Hadas

MEMBERS

Amy Desjardins, President, Bruyère Foundation

Chris Read, Founder, Canadian Dad

Cindy Smith, Executive Director, C&SE

Heather Fraser, Director of Resource Development, C&SE

Joe Mebrahtu, Community Pastor, Kingdom Culture Ministries

Lindsay Whitty, Executive Assistant, Office of Yasir Naqvi, MPP

Megan O'Meara, Communications Coordinator, C&SE

Natalie Richer, Teacher

Pamela Logan, Director of Communications, Canadian Wildlife Federation

Stacey Diffin Lafleur, Senior Director Marketing, United Way Ottawa

Sana Qureshi, Community Engagement Manager, Accora Village

Stacey Segal, Clinical Associate at Summit Centre and a Clinical Social Worker at the Bariatric Medical Institute

There were many other exciting activities throughout Kindness Week, including a multi-faith welcoming committee at the airport, a Kindness Week blood drive with Canadian Blood Services, and a family day skate hosted by Yasir Naqvi, MPP. There were also members of the Kindness crew out on the street handing out 'Choose to be Kind' bracelets with family passes to public skates and swims.

We are pleased with this year's festivities and are excited to start planning Kindness Week 2015!



Kindness Awards presentation at St. Stephen's Catholic School. From left: Kind Ottawa Chair Rabbi Reuven Bulka, Michelle Tierney, Diane Moore, Jennifer Quinn, C&SE Executive Director Cindy Smith, and Principal Roberto Santos.

A YEAR OF ACHIEVEMENTS: OUR PROGRAMS REPORT

THE CHRISTMAS EXCHANGE PROGRAM

The Caring and Sharing Exchange's 2013 Hamper Packing Day was one for the record books. For the first time, the day was sponsored by local businesses, allowing the charity to double the number of hampers delivered to those in need. These hampers were in addition to the thousands of redeemable gift vouchers sent out to individuals and families in need in the Ottawa community.

Although we were unable to provide support for all of the 19,627 individuals who requested assistance through the 2013 Christmas Exchange program, this was still a year to be proud of! **With the help of our donors, we provided 16,725 individuals in need with Christmas assistance, which is an increase of 60% over 2012's total of 10,502!** We can only hope that next year, there will not be anyone left on the waiting list.

Through our Co-ordination Service, we found 1,418 duplicate requests for food assistance at Christmas, as well as 1,938 duplicate requests for toy assistance (through the Salvation Army's Toy Mountain program). **Combined these eliminated duplicates account for a total savings of \$432,500 for our community!** These duplicate checks allow



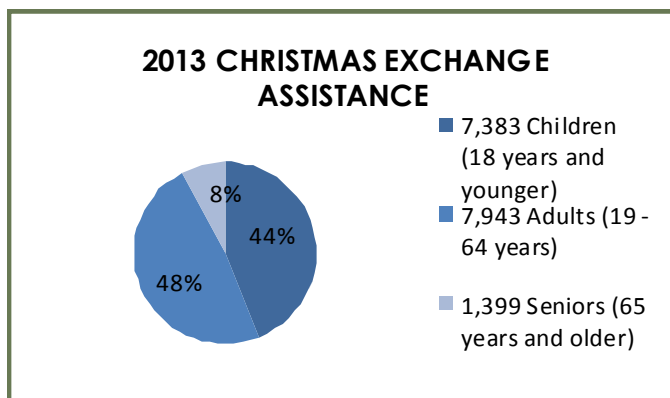
A young volunteer stands in front of hundreds of hampers that were packed and delivered on a single day by dedicated volunteers and sponsors.

donor dollars to go further while ensuring the highest number of people who need help receive it.

Looking ahead to Christmas 2014, we will endeavour to continue increasing the amount of assistance we provide and look forward to the day when we are able to help everyone on our very long list.

"I wanted to send you my thanks and share some of my holiday with you. It was a difficult year for us, my father's been sick and mom just wasn't feeling up to the season. All this goodwill springs from your hamper of simple good food and the best wishes it brings. Thank you all from the bottom of our hearts!"

- Anonymous 2013 hamper recipient



2013 Christmas Exchange Program	# of families	# of individuals
Total number who requested help city-wide	11,002	32,951
Assisted through our Partner Agencies	3,797	13,324
Assisted through the Caring and Sharing Exchange Sponsor-a-Hamper program	298	1,146
Assisted through the Caring and Sharing Exchange Corporate Hamper Sponsorship	305	864
Assisted with a Caring and Sharing Exchange redeemable gift voucher	5,332	14,715
Total assisted through the Caring and Sharing Exchange	5,935	16,725

SHARING IN STUDENT SUCCESS

Last year the Caring and Sharing Exchange was able to provide 1,292 children in need with a backpack and grade appropriate school supplies through the Sharing in Student Success program! This was the first time since adopting the program in 2011 that all of the children who requested assistance could be helped, and the hope is to continue achieving this level of success.

Beginning the school year without the tools they need to succeed can leave some children in our community at a significant disadvantage. They can be subject to isolation, bullying and their self-esteem can suffer. By providing them with the necessary tools for success, we can help ensure they return to school on an equal playing field with their peers!

"I am ten years old and I am in grade 5. I lived in Africa and in August I came to Canada with my family. I have four brothers and two sisters. Your gift of a backpack full of school tools helps me learn English. Thank you for putting a smile on my face the first day at school!"

- Anonymous 2013 SISS recipient



Executive Director Cindy Smith stands with Richard Garrick of Loaves & Fishes at the annual backpack stuffing event. (August 2013)

2013 Sharing in Student Success	# of children
Assisted through our Partner Agencies	515
Assisted through the Caring and Sharing Exchange with a backpack stuffed with grade-appropriate supplies (as outlined through the Boards of Education	1,292

THE CO-ORDINATION SERVICE

Our Co-ordination Service is the backbone of our organization. For nearly a century, the Caring and Sharing Exchange has delivered its assistance equitably and efficiently through its Christmas Exchange program and more recently the Sharing in Student Success program. By working with close to 300 agency partners from social service agencies, churches and resource centres, we cross reference all applications in order to ensure that there are no duplicates amongst the assistance provided by both us and these agencies.

By performing these duplicate checks, the Co-ordination Service saved the Ottawa community nearly 2 million dollars between its two assistance programs over the last three years, which allows donor dollars to go further!

Co-ordination Service by program	# of duplicates found	Community Savings
Christmas Exchange Program	1,418	\$141,800
Toy Mountain Program*	1,938	\$290,700
Sharing in Student Success Program	86	\$3,440
TOTAL	3,442	\$435,940

*The Caring and Sharing Exchange takes referrals and provides Co-ordination Services for the Salvation Army Toy Mountain Program.

THE FUNDRAISING REPORT

Our donors come in many forms, whether it be a kind individual or family, a caring business or foundation or a sharing group (churches, service clubs, school groups, etc.), we are only able to help others thanks to this generosity. We are grateful also to those who either hold an event or special initiative in support of the Caring and Sharing Exchange or enable us to hold an event to help fund our programs.

Here are just a few highlights from this year's Caring and Sharing Exchange special events:

OTTAWA'S BIGGEST BAKE SALE

The 13th Annual Ottawa's Biggest Bake Sale was held on October 11th at Billings Bridge Centre with TD as our title sponsor once again. The event had 10 community groups participating with the sale of their own baked goods and 21 local bakeries donating baked goods for the Caring and Sharing Exchange to sell. The Bake Sale was an overall success raising over \$8,300 for the Christmas Exchange program. This included sales of raffle tickets for a \$500 gift card generously donated by Billings Bridge, and money raised through the TD (Billings Bridge Branch).

RUNNING ON EMPTIES

The 26th Annual Running on Empties event was held on December 14th with the Beer Store continuing collections for the next few weeks. This event raised \$12,091 for the Christmas Exchange program. We would like to thank all the volunteers who braved the very cold day to collect empties at all the Ottawa stores. As always, thank you to the Beer Store and its staff for their support and to the Kiwanis Club of Nepean, National Capital Kin Club, Rotary Club of South Nepean, Rotary Club of Kanata Sunrise, Rotary Club of Ottawa, Rotary Club of Ottawa-Stittsville who "adopted" a beer store and managed collections for the day.

ORNAMENT DESIGN CONTEST

The 3rd Ornament Design Contest was held in May for which we received many impressive design entries. After narrowing it down to the top five designs, the winner was Ottawa tattoo artist Jamie Kleinveld. She submitted a beautiful design depicting a pair of hands holding a gift wrapped heart which she named "The Gift of Love".

As with our two earlier design contests, the winning design was crafted into an ornament of pewter containing a piece of the original copper roofs of Canada's Parliament Buildings. A limited edition of 1,500 ornaments were produced and sold at local Hallmark/Davis Agencies, Living Color Tattoo, and the Caring and Sharing Exchange office will all proceeds going towards the Christmas Exchange program.

THIRD PARTY EVENTS

A number of third party events by individuals and groups were held in support of the Caring and Sharing Exchange. They included Casual Days, Jeans Day, birthday parties, Christmas parties, Kegs that Care fundraiser, book and bake sales, letter writing to Santa, and the sale of Christmas themed tattoos.

The Caring and Sharing Exchange was also named a recipient charity for events such as the National Capital Gala, Bon Appetit Ottawa, The Ottawa Gala, the Gift of Christmas, Shopping and Sweets event, and Royal Oak Day.



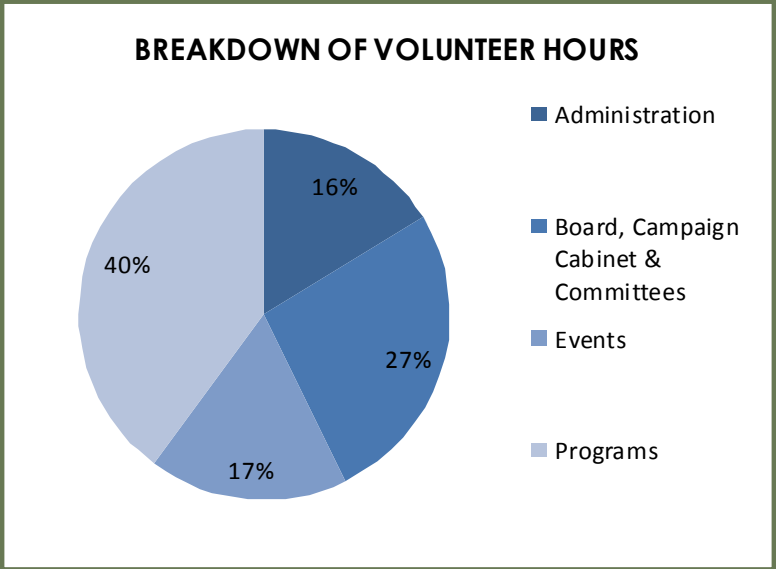
Volunteers brave the cold to collect bottles during the 26th Annual Running on Empties event. (December 2013)



The final product after Jamie Kleinveld's design was transformed into a collectible piece of history. These ornaments will also be for sale during Christmas 2014!

THANK YOU TO OUR VOLUNTEERS

Volunteers are integral to carrying out the mission of the Caring and Sharing Exchange. They generously give their time, talent, knowledge and passion to help in every aspect of our work. This includes being on the Board of Directors, our Campaign Cabinet and various Committees, to helping with envelope stuffing for our donor mail-outs and gift vouchers, data entry of client referrals, phone calls to clients for picking up their toys and confirming hamper deliveries, hamper packing and deliveries, sorting school supplies and packing backpacks, general office administration, and helping at fundraising events. During this fiscal period, we had a total of 331 volunteers contribute 2224 hours! **We extend a heartfelt thank you to all our volunteers for their support and contribution in helping the Caring and Sharing Exchange help those in need in our community.**



VOLUNTEER HOURS

Administration **361**

Board, Campaign Cabinet & Committees **591**

Events **383**

Programs **889**

Total 2224

CAMPAIGN CABINET

The Caring and Sharing Exchange is thrilled to have held its first ever Corporate Hamper Packing day, where teams from several businesses came together to pack and deliver over 300 Christmas hampers to those in need within our community, all in a single day! Although the Exchange has been providing Christmas assistance since 1915, this was the first time that the food for the hampers was 100% sponsored. We are sincerely grateful to our campaign cabinet, led by Alfred Jay, and for the businesses that participated in making this day such a success!

2013-2014 CAMPAIGN CABINET

Alfred Jay, Chair
President and CEO
Ramius Corporation

Phil Dame
COO
Ramius Corporation

Todd Burke
Partner
Gowlings

Melinda Currey
Entrepreneur

David Mason
Partner
Deloitte

Rob Lane
CEO
My Music

Natalie Raffoul
Managing Attorney
Clancy Brion Raffoul

Justin Shmoon
CEO
AffinityClick

Bruce Wolfgram
Vice-President
PrimeCorp

Howard Williamson
President
Williamson Consulting



From left: Executive Director Cindy Smith, Melinda Currey, Heather Fraser (C&SE), Bruce Wolfgram, Howard Williamson, Alfred Jay, Natalie Raffoul, Phil Dame, and Rob Lane. (Absent in this photo: Todd Burke, David Mason, and Justin Shmoon.)

THANK YOU TO OUR SUPPORTERS!

The following individuals and organizations made contributions of \$500 and above to the Caring and Sharing Exchange during the fiscal period of March 1, 2013 to February 28, 2014.

To all of our supporters, we express our sincere gratitude. We apologize if we have inadvertently omitted or misspelled the name of any individual, company or group, and ask that you please advise us.

\$25,000+

Christmas Cheer Foundation
Ontario Trillium Foundation

\$10,000 to \$24,999

Bethel Pentecostal Church	National Capital Gala
Community Foundation of Ottawa	TELUS Corporation
Ferguslea Properties Limited	The Beer Store

\$5,000 to \$9,999

David and Sue Rose Fund	Fund for a New Generation
District Realty Corporation	Lim Geomatics Inc.
Penny and Dan Dodge	Otto's Service Centre Ltd.
Erdelyi Karpati Memorial Fund	(1 anonymous donor)

\$2,500 to \$4,999

Bon Appetit Ottawa	PrimeCorp
Borden Ladner Gervais LLP	Ramius Corporation
Innovapost Inc.	TD Canada Trust
Jay, Alfred	The Royal Oak
King, Dawn and Grant	Wolfgram, Bruce
Miller Waste Systems	(1 anonymous donor)
Osgoode Properties	

\$1,000 to \$2,499

Bones, Joe & Deanna
 Brooks, Sheena
 Burke, Todd
 Clancy P. C. + Brion Raffoul
 Cloutier, Kelsey
 Cunningham, R. J.
 Collins, Malcolm
 Cyr, Lance
 Desmond, Nolan, D.
 Employees of the Finance
 Department of MBNA Canada
 Bank (TD Bank)
 Export Development Canada
 F. & K. Trudel Enterprises Inc.

Fraser, Heather
 Gardner, George
 Gowlings
 Hallmark/Davis Agency
 Hicks, T.J.
 Holt, Peter & Shirley
 IBISKA Telecom Inc
 Ireland, George
 Jackson, Heidi
 Khouri, Elie & Vivian
 KOTT Lumber Company
 Langill, Brian
 Lepage, Leah

Malhotra, Jana
 Morrison, K. M.
 Pike, Claire
 Podjamy, Gal
 Richards, Nancy
 Royal Canadian Legion-Branch 480
 Westboro
 SavingCanada.ca Inc.
 Scotiabank
 Smith, Cindy
 Thomas, Margaret
 Trinity United Church
 (4 anonymous donors)

\$500 to \$999

Allan, Denise
 Angus, John
 Anson, Susan
 Audrey Kenny
 Bank of Canada ITS Staff
 Blackburn Properties Corporation
 BNI Westboro
 Boos, Peter
 Bryant, Joseph
 Canadian Dental Hygienists
 Association
 Charette, Ellen
 Charlebois, Richard & Barbara
 Chong, May-Ling & Seep-Nyuen
 Cline, Gloria
 Comba, John
 Cooney, Geraldine
 Clarke, Beverley
 Crytes, Diane
 Dame, Philippe
 Dattels, Graham
 Docherty, Chris
 Donna Cona Inc.
 Edwards, Colleen

Espial Group Inc
 Felicis Holdings Inc.
 Ford, Ilene
 Foucault, Nicole
 German Martin Luther Church
 Godfrey, Victoria
 Gowan, Don & Mary
 Hanes, Rita
 Harry Rosen Inc.
 Helie, Josee
 Huddleston, Marla
 IODE Lord Dundonald Chapter
 Jamieson, Bob
 Jardine, David
 Joynt, Carman
 Jubb, Trevor
 Kegs that Care
 Kiwanis Club of Nepean
 Legasy, Karen
 Leung, Sui-Ling
 Living Colour
 Martin, Douglas L.
 McGregor, James F.
 Mclennan, Julianne

McCormick, K.S.
 Medland, Ken
 Merriam Print Inc.
 Mitchell, Kathleen
 MJ Enterprises Inc.
 MyTutor
 Novatech Disaster Restoration Inc.
 O'Connell-Campbell, Colleen
 O'Neill, Maureen
 OTIP/RAEO Ontario Teachers
 Insurance Plan
 Our Lady of Mount Carmel Parish
 Our Lady of Peace School
 Peloso, Pasquale & Paula
 Price, Iola
 Quick, Stephen
 Quinn, Jim
 Resurrection of Our Lord Parish
 Riverside Kiwanis Club of Ottawa
 Roger, Greg
 Rogers, Eunice
 Ruhl, Linda
 Shopping & Sweets
 Shugart, Ian & Linda

\$500 to \$999 (continued)

Gifts-in-Kind Donors

Accora Centre	Golden Baguette Bakery	Second Avenue Sweets
Aladdin Bakery	Grenfell Catering Delights	Simply Biscotti
Bell	inMotion	Slaysh
Billings Bridge Centre	Isobel's Cupcakes & Cookies	Sui-Ling Leung
Boko Bakery	Life of Pie	SupperWorks
Bridgehead Coffeehouse (Wellington at Fairmont)	Loaves and Fishes Fund of Ottawa- Carleton	Sweet Mama's Bake Shoppe
CAA Travel Agency (NEO LMT)	Macarons Et Madeleines	Swiss Pastries
Cathy McGovern	MetroLand Media Group Inc.	The Cake Shop
Cielo Print Inc. (City Centre Ave)	Michaelsdolce Gourmet Confectionery	The Firestone Restaurant Group
Chelsea Bakery	Natural Food Pantry	The Flour Shoppe
Clear Channel Outdoor	Netsuite	The Joy of Gluten Free Bakery
Cote Poultry Inc.	Nicole Bedford	Three Tarts
Dollarama	Ottawa Bagel Shop & Deli	Trillium Bakery
Dymon Storage	Pasticceria Gelateria Italiana Ltd	Two Hats Natural Foods
Education Foundation of Ottawa	Rideau Bakery	Valpak
Giant Tiger		

Third Party Events

Bethel Pentecostal Church	Kegs that Care	Radiology Dept at QCH Diagnostic Imaging
Black & McDonald Ltd	Kelsey Cloutier	Resurrection of Our Lord Parish
Brookfield High School	Living Colour	SavingCanada.ca Inc
Christmas Cheer Breakfast and Broadcast	Manordale Public School	ScotiaMcLeod
Eli and Vivian Khouri	McCord Drive Book Club	Shopping and Sweets
Fallingbrook Community Elementary School	Mike Reynolds	TD Canada Trust (Billings Bridge Centre)
Hallmark/Davis Agency	MBNA	The Royal Oak (Wellington St)
Innovapost Inc.	MyTutor	
	National Capital Gala	
	Our Lady of Peace School	

We would also like to extend our sincerest thanks to the individuals, families and groups who generously purchased supplies for, packed and delivered 298 hampers as part of our new Sponsor-a-Hamper program!

WAYS YOU CAN HELP

DONATE

Choose a monetary donation to help us make a difference in the lives of Ottawa's individuals and families in need. You can donate by calling our office at 613-226-6434 or by visiting our website at www.CaringandSharing.ca. You can give to the Christmas Exchange Program, the Sharing in Student Success Program, or to ensure your donation goes where it is needed most, to the umbrella organization.

To help even further, please consider becoming a monthly donor.

FUNDRAISE

Why not turn your next event into a Caring and Sharing Exchange fundraiser?

We are grateful to the numerous individuals and organizations who host third-party fundraising events for our cause throughout the year. If you are interested in hosting an event, please contact our office at 613-226-6434 to discuss your great ideas!

There are many types of events that can be held as fundraisers, including:

concerts, bake sales, garage sales, comedy nights, fashion shows, auctions, casual days, car washes, BBQs and so many more!

VOLUNTEER

We have a wide range of volunteer opportunities for those looking to contribute their valuable time to help further our cause.

Some of the opportunities available to motivated and engaged community members include:

Special Events Committee

Computer Data Entry

Phone Calls

Envelope Stuffing

Special Events Assistance

...and much more!

STAY CONNECTED

Be sure to stay up to date with the Caring and Sharing Exchange by following us year round!

FACEBOOK



[Facebook.com/CaringSharingExchange](https://www.facebook.com/CaringSharingExchange)

TWITTER



[Twitter.com/CS_Exchange](https://twitter.com/CS_Exchange)

FLICKR



[Flickr.com/CS_Exchange](https://www.flickr.com/photos/CS_Exchange/)

YOUTUBE



[Youtube.com/CarindSharingXa](https://www.youtube.com/channel/UCarindSharingXa)

PINTEREST



[Pinterest.com/CarindSharing](https://www.pinterest.com/CarindSharing)



the Caring and Sharing Exchange

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Charitable Registration Number 13097 9172 RR0001