

FOR IMMEDIATE RELEASE

December 20, 2017

VOLUNTEERS PACK AND DELIVER HUNDREDS OF HAMPERS TO OTTAWA RESIDENTS IN NEED

Hundreds of families crossed off the Caring and Sharing Exchange's list

OTTAWA, ON — Earlier today, community leaders and volunteers came together to help pack and deliver hundreds of hampers to those in need in the Ottawa community. These hampers were delivered as part of [the Caring and Sharing Exchange's Christmas Exchange program](#) with the help of the organization's generous corporate sponsors.

"It is so heartwarming to see these businesses not only support this cause financially, but also to give their time to help pack and deliver these hampers," said Executive Director Cindy Smith. "With the need on the rise, we cannot express how grateful we are for this support."

Many community leaders took part in the day, including Deputy Mayor Mark Taylor (on behalf of Mayor Jim Watson), Hon. Yasir Naqvi, MPP, Natalie Des Rosiers, MPP, John Fraser, MPP, City Councillors, and more!

It's not too late to help

Along with today's hampers, the Exchange has provided thousands of individuals in need with redeemable gift vouchers to help provide financial relief for families struggling to make ends meet. They have also matched hundreds of generous community sponsors with families in need through their [Sponsor-a-Hamper program](#).

Altogether, the charity has provided assistance to over 4,700 families in need this year!

"We are so happy with the community's generous response to our Sponsor-a-Hamper program this year," said Cindy, "but **we still have around 1,000 families waiting for assistance this Christmas.**"

If you would like to donate to the Christmas Exchange program, please visit www.CaringandSharing.ca or call 613-226-6434. Financial gifts will be used to provide those on the waiting list with redeemable gift vouchers.

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For further information:

Monique Veselovsky | Communications Coordinator
the Caring and Sharing Exchange

p 613-226-6434 x230

communications@CaringandSharing.ca